

## Patient information factsheet

# Glaucoma monitoring service

### Your glaucoma monitoring clinic appointment

If you have been diagnosed with glaucoma or ocular hypertension, or are suspected of having glaucoma, your condition will require regular monitoring.

We would like to assess your current status to check if there have been any changes and make a further plan for your care. If appropriate we may continue to see you in the monitoring clinic.

### What to expect

When you attend the clinic you will have several eye tests including:

- **Tonometry** – eye pressure check
- **Visual fields** – a test to evaluate whether there is any sight loss affecting your side vision
- **Digital imaging** – specialist instruments will be used to give a detailed assessment of the appearance of the optic nerve at the back of your eye

The tests will be performed by ophthalmic practitioners and you will not see a doctor on the day. However, the results will be reviewed by a consultant glaucoma specialist and they will advise when your next clinic appointment needs to be.

Your tests will be reviewed within two weeks and you will be advised by post of the outcome.

### What happens if there is a change in my eye condition?

If you have any concerns about your vision or have noticed changes, please inform the practitioner during your appointment. They will ensure any issues are brought to the attention of the consultant glaucoma specialist.

If the consultant detects any change in your condition during the assessment of your test results, you will be contacted via telephone to discuss this or invited to attend the hospital for further examination in the consultant-led clinic.

### How long is the appointment?

We aim to finish all of your tests within one hour, although on occasion it may take longer.

### Should I attend my other eye clinic appointments?

We are only assessing for glaucoma so you should still attend any other screening or eye clinic appointments you have.

### Further information

For further information please visit [www.uhs.nhs.uk](http://www.uhs.nhs.uk) and search for 'glaucoma clinic'.

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**If you need a translation of this document, an interpreter or a version in large print, Braille or on audiotape, please telephone 023 8120 4688 for help.**

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Version 1. Published March 2019. Due for review March 2022. Ref 2221

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